

KU-RING-GAI CHASE CATHOLIC PARISH

'Seek God, Find God, Embrace God in Jesus'

Diocese of Broken Bay ~ 26th April 2020 ~ 3rd Sunday of Easter ~ Year A Lord, you will show us the path of life.



Acts 2:14, 22-33; 1 Pet 1:17-21; Lk 24:13-35

Our Mission Statement: 'Help others to recognise, through their experiences, that Jesus who died and is risen is the truth that lights up their lives' Our Vision Statement: 'That the parishioners of Ku-ring-gai Chase Catholic Parish grow as missionary disciples and live as community in Christ inviting all people into our Parish, welcoming them to our Parish life and embracing the rich diversity of our community'



Homily © Richard Leonard SJ

With very good reason, the story of the road to Emmaus is thought to be the best parallel we have in the New Testament to our weekly celebration of the Eucharist.

This idea could be a little surprising for some who might think the Last Supper would hold more similarities. Luke, however, reminds his community, who are like us, that even though they, like us, are prevented from seeing Jesus, they can still have a life-changing experience of his presence.

The disciples are on a journey of faith and Jesus meets them where they are, as they are. This is a critical detail in the story. Jesus listens to their expectations, hopes and disappointments and only after they have expressed the reality of their situation, does Christ open the scriptures to them. In doing so he takes their disillusionment and enables them to see the connections with the story of salvation. This leads them to hope. Even then, they do not recognise who Jesus is until he breaks the bread and in that action he is revealed as the one in whom they had been hoping. This experience drives them back to Jerusalem to witness to the power of Christ's resurrection.

Every Sunday as part of our journey of faith we embark on our road to Emmaus. There is never any point in us coming here pretending to be different from how we actually feel and who we are. God sees our hearts and minds and wants to meet us in the midst of our lives, whatever they may be like. The Emmaus story teaches us that Jesus firstly wants to listen to us before he wants us to listen to Him. Emmaus, however, was not just about the disciples and their lives, in the same way that the Eucharist is not just about our lives either. Christ opens the scriptures to us each week so that we can make sense of our experience, see the ways in which God is present and absent and recognise our own foolishness. As with the Emmaus disciples, we are welcomed to the table of the Lord where we recognise Christ in the breaking of the bread and the pouring of the cup. This meal enables us to go out from here and proclaim to all we meet that Christ is risen.

One of the things the Church values most deeply is its connection to the experience of the earliest Church. And rightly so. It's a great privilege for us to recall that what we do here each Sunday is built upon the faith and weekly celebration of countless generations.

And though, appropriately, many things can be different in various cultural settings for the Eucharist throughout the world, several elements always stay the same. It is the Risen Christ who accompanies us, listens to us, opens our minds to the scriptures, hosts us at his table, and sends us out to tell the world that He has been raised from the dead. This is the best way to understand ourselves as 'traditional Catholics'. We share with thousands of generations the same fire of God's faithful love burning in our hearts as we are welcomed here each week, are listened to, taught, nourished and sent out to do our bit for the coming of Christ's Kingdom. **Dear Friends**, Covid-19 has created a lot of disappointment, dissolution and chaos in our everyday life journey. It has and is affecting our daily life very much. Our hopes and dreams have been shattered, such as Baptisms and Weddings being postponed, well deserved holidays being cancelled, a coffee and catch-up with friends not allowed and job security being lost. Many business appointments and projects have been cancelled, delayed or abandoned.

We are in a way, walking in the shoes of the two disciples who were travelling to Emmaus. Their dreams were also shattered. They had lost their Master, their faces were downcast and they looked down at the road as they walked along. Even though Jesus walked by their side, they failed to recognise him through their desolation. Jesus asked them what they were discussing as they walked together. They told this stranger beside them about Jesus of Nazareth, and what had happened to him.

They shared with this stranger the experience of the women who went to the tomb and had found it empty and how they themselves were astounded by this news. Without revealing who he was, Jesus then explained to them about himself. Jesus explained the passages throughout the scriptures that were about him and that all these things happened so that people like them would challenge their own beliefs and come to know and follow Jesus.

As they approached Emmaus the end of their journey drew near. The day was almost over and the men were happy they had reached their destination. Jesus continued walking, but the men requested him to stay with them and have supper. Jesus accepted this offer of hospitality and sat down to share a meal with them. It was when Jesus broke the bread that suddenly the eyes of the disciples were opened. They recognised their Master in this stranger who had walked beside them and their hearts were filled with happiness, joy and peace at the return of their Lord.

The lesson for us here, is that it was during this very difficult time in their lives, that they (unknowingly), asked that Jesus stay with them.

Like the disciples, we are now experiencing a very difficult time but we already know that Jesus is here with us. We love and trust Jesus and it is now more than ever that we can and must (knowingly) invite Jesus into our personal lives, into our homes, our work places, and ask him to stay close to us during this stressful time. It is then that the meaning of our lives will once more become apparent.

Luke 29 tells us that ... They urged (begged) Him to stay.

This is the same attitude that we must have. We must desire more of Him each and every day. We must surrender to Jesus. Look at what happened when the disciples surrendered - Jesus opened their eyes - and they recognised Jesus was with them. There is a vacuum in every person's life and a craving for that vacuum to be filled. If we fill that vacuum with Jesus, there is meaning in our life.

At this difficult and uncertain time, we need more power and strength to get through. Only the Resurrection of Jesus can give us that strength.

The disciples on that road had lost their strength, they thought they had lost Jesus. They were frustrated and this left them wandering without a direction. They had lost their aim in life, but Jesus walked with them until they found that aim again. It was only when Jesus had explained the Word of God that their hearts were filled with light and hope, and we too are invited to see our life through a new light and with renewed hope.

When Jesus broke the bread, they recognised him. Today, when we come to the table of the Lord for the breaking of the bread, even using Facebook or YouTube, we are made ready to continue the journey with hearts filled with the fire of his love and hope.

During this time of social and physical isolation let us discover Jesus through reading the Bible and reflecting and attending mass spiritually through our live-stream. It may even help you to look around and see things in a different way, but at the same time be aware that Jesus is right next to you, walking in your shoes, and comforting you on your journey.

God bless and have a happy week.

Fr Shaju John

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 Facebook:
 www.facebook.com/Ku-ring-gai-Chase-Catholic-Parish-1789189034642054/
 Parish Priest:
 Fr Shaju John, OSHAssistant Priest:
 Fr Joy Thomas, OSH

Emergency sick calls 0468 341 841 (Out of office hours only) - HOSPITAL ADMISSION: If you are admitted to hospital, please write down your religion as Catholic to receive Catholic Services. *Be sure to notify the Pastoral Centre if hospitalised and you would like our own priests to attend.*

THIS WEEK'S READINGS and PRAYERS

EASTERTIDE

Monday 27/04 Mass of the day Preface of Easter I-V Acts 6:8-15; Jn 6:2-29

Tuesday 28/04 (Memorial)

St Peter Chanel Mass of the Saint Preface of Easter I-V or saint

Acts 7:51–8:1; Jn 6:30-35

Wednesday 29/04 (Memorial)

St Catherine of Siena Mass of the Saint Preface of Easter I-V or saint Acts 8:1-8; Jn 6:35-40

Thursday 30/04

Mass of the day Preface of Easter I-V Acts 8:26-40; Jn 6:44-51

Friday 01/05

3

Mass of the day Preface of Easter I-V Acts 9:1-20; Jn 6:52-59

Saturday 02/05 (Memorial)

St Athanasius Mass of the Saint Preface of Easter I-V or saint Acts9:31-42; Jn 6:60-69 Jn 12:23-28 or Jn 14:23-29

Ku-ring-gai Chase Parish Remembers & prayers for...

RECENTLY DECEASED: K J John, Gerald McCulloch, Patrick (Pat) Read, Patricia Clough, Don Matheson, Clare Daley, Greg Cooper, Peter Hanson, Peter O'Connell, Jillian Arthur, Win Colman, Jimmy Fitzgerald.

ANNIVERSARIES: Peter O'Halloran, Kevin & Nancy Hester, Jim Treacy, Joseph Treacy, James Treacy, Araceli B. Padlan, Rosalinda de Ramos, Concepcion & Gesmundo Daria, Elde & Andrea Daria, Geoff Warren, Luz Turqueza, Eufemia Tugadi, Rose Hayden, Neville Nicholson, Clem Salmon, Francis, Hilda & Terence Conlon, Dr Michael Way, Dr Frances Maung, Karen Fitzgerald, Bill Colman, Rita McEncroe, Wladek Pieprzyic,

PRAYERS FOR THE SICK:

Dan Leavy, Kerrin Enright, Patricia O'Malley, Alfredo R De Ramos, Marie Mickelson, Doug Hawkins, Felicity Fone, Graeme Kachel, Antonio, Anna Nicholson, Pat Bowden. Peter Brooks, Brian Treacy, Erick Enriquez, Charles Abela, Elaine Estrellado, Maureen Sharpe, Eve Davis (baby), Penny Rigor, Jwona Nowak, Irena Fellmann, Elaine Longmuir, Michael McGaulley, Estrellado, Cathy Gleeson, Rosalinda de Ramos, Jaz Pitts, Georgia Meyers, Angela Smith, Matthew Franklin, Jeanette Bakker, Ewa Rakozy, Jean Cook, Betty Borg, Morrie Ramsden, Brian Neary, Edwina Subramany, Aiko Concepcion, John Buckley, Ellen Asistente, Sam Calacoci, Barbara Jones, Arlene Joson, Kath Lock, Cadia Maestri, Marcelina De Ramos, Matthew Conlon, Patrick Dorahy, John Macy, Tom Dawson, Narelle Cartwright, Mary Fernandes, Patricia Sanders, Monique Leyden, Frederick Novak, Barbara & Maciej Maciejewski, Alfredo De Ramos Sr.

KCCP BANK ACCOUNT DETAILS:

We are delighted that we are able to support the faith needs of our Catholic community and grateful that we are still here and able to assist you. Please show your support for

your parish and the commitments we have made, by giving whatever you can.

As Jesus said, "For where your treasure is, there your heart will be also". (Matthew 6:21).

BSB: 062 784 Account: 1238 8001 Name: Ku-ring-gai Chase Catholic Parish—Church Account. When making donations to our bank account please be specific if you wish to split your donations between the 1st and 2nd collections. Perhaps send us an email with your wishes clearly indicated, so we may honour your intentions exactly.

1st Collection: Goes to Pastoral Revenue and is used to support the welfare of our priests, both active and retired.

2nd Collection: Donations are retained in the parish and used to pay regular outgoings and honour commitments to maintain and improve parish life. *For example...*

1) An improvement would be the new storage shed at Asquith (ordered and deposit paid prior to Covid-19) to be installed next week and to be used to store garden needs and get all sorts of things out of the roof cavity! like the crib etc. This will also rectify a WHS issue.

2) Insurance premiums, whilst hefty to pay, it is money well spent we are <u>at last</u> getting a new church roof at Berowra following the 2018 hail storm!

3) Regular bills; maintenance of our churches, priest's petrol & car instalments, wages, office expenses etc.

ANZAC DAY

As we all know, social gatherings are restricted, yet it remains that **ANZAC Day** should be commemorated on April 25, 2020.

But how? An idea we've become aware of is the

#lightupthedawn driveway initiative.

(reprinted with the kind permission of Brooke Simmons of Central Coast Chronicle)

The initiative suggests that communities stand in their driveways at 6:00am on ANZAC Day,

to line the streets and share one minute of silence for our fallen.

A simple yet symbolic way to show our solidarity and to remember those who fought for our freedom..., just prior to 6am you are asked to simply walk out your front door to the end of your driveway, or onto your front veranda if you share a driveway, or on to your balcony ..., there to stand with your neighbours for one (1) minute of silence starting at exactly 6am. You may want to hold a candle of those who fell in battle, or perhaps wear the medals of a relative who fought for our freedom.

If you would like to play the Ode and last post there is a button on the FREE Gosford RSL App., which the RSL recommend you play immediately after the one minute silence. You can access the audio and video file by simply downloading the app. Once downloaded, you go from the home screen, then press "Anzac Day" and then press "Play The Ode" button. Make sure your volume is on and up!

For those of us who aren't as mobile, the ABC will be broadcasting a 5.30am service from the Australian War Memorial in Canberra. There will also be a 10am service from the Anzac Memorial in Sydney that will be broadcast on the ABC and streamed live.

The Price of Liberty is Eternal Vigilance We Will Remember Them Lest We Forget

ANZAC DAY MASS:

Bishop Anthony will be celebrating Mass at the Cathedral to commemorate ANZAC day. **Date:** Saturday 25 April **Time:** 9:30am **Livestream:** Hornsby Cathedral Parish YouTube Channel



ART SPACE: We often hear how important it is to practice "mindfulness" and taking the time to consider and reflect on artworks is something Christians have been doing for centuries. Whether we are praying before an altarpiece or singing beneath a fresco on the wall of a church, our visual literacy has been honed through biblical narratives. May the time that has been gifted to us during the Covid-19 pandemic, allow us all to practice our visual literacy as we reflect on the Easter mysteries. **CARAVAGGIO'S**,

THE SUPPER AT EMMAUS:

Caravaggio, an Italian Baroque artist, created the monumental $(1.4m \times 1.96m)$ oil painting Supper At Emmaus in 1601. This image is remarkable in that it captures the exact moment the disciples

recognise the Risen Christ. There is a dynamism in this scene, created by the shallow space, use of light and gestures, which contrasts against the symbolism of the still-life.

As witnesses to the scene, we can almost feel the movement of the disciple in green pushing his chair back in this moment of incredulity. The other disciple seated at the table (wearing the pilgrim's shell commonly attributed to Peter) stretches his arms wide to establish our connection to Jesus. The vortex of movement is tempered by Jesus, who with eyes downcast, reaches out to us and patiently waits, for us to accept his gesture of faith.

For more information, please visit Art and the Bible. https://www.artbible.info/art/large/28.html



The latest from the Diocese: A Message from Bishop Anthony

Christ is risen! He is risen, indeed! Alleluia!

"These verses from the Easter narrative are fresh in our hearts and minds as we commemorate the life, death, and resurrection of Jesus Christ our Saviour over the fifty days of Easter."

"The Angel of the Lord, descending from heaven, came and rolled away the stone. I know you are looking for Jesus, who was crucified. He is not here. For he has risen. Do not be afraid..."

Bishop Anthony shares a message with us all, during this Easter season, where we are encouraged more than ever to allow the Spirit into our lives. The message in full is part of this week's Friday Mailout. Bishop Anthony's Homilies: are now available on the Diocesan website for the community to read and can be viewed at: https://www.bbcatholic.org.au/people/bishop/homilies-and-reflections/homilies



Latest information from your own parish:

The number of parishioners watching our live-streamed masses are slowly growing and last weekend saw a terrific increase with the addition of a second mass live-streamed on Saturday evening, so....

Please join other parishioners for Mass live-streamed to your home via our Facebook page at your choice of time and venue.

5pm Saturday evenings (a) St Bernard's **// 9am Sunday** mornings (a) St Patrick's

Like our Facebook page so you are ready to live-stream Mass from our parish. <u>https://www.facebook.com/Ku-ring-gai-Chase-Catholic-Parish-1789189034642054/</u>

Towards the end of our bulletin you will find the Readings and Responses to this Sunday's Mass so you can following along whilst watching on Facebook. A request was made this week to include the words to the Penitential Act, The Gloria and The Creed which we hope you find helpful.

Please stay in touch with us ~ we miss you! Contact us via: Email: parishkccp@bbcatholic.org.au; Phone: 9456 2450 And we will stay in touch with you ~ using our: KCCP Website: https://www.bbcatholic.org.au/kccp; KCCP Facebook page: https://www.facebook.com/Ku-ring-gai-Chase-Catholic-Parish-1789189034642054/ Diocese of Broken Bay Website: https://www.bbcatholic.org.au/ Friday mailouts: If you are not receiving an email from us on a Eriday afternoon/evening, then we don't have your most current email address. Please send us an email so we can add you to the list of

Friday afternoon/evening, then we don't have your most current email address. Please send us an email so we can add you to the list of 840+ parishioners who receive this mailout each week. Email: <u>parishkccp@bbcatholic.org.au</u> and insert "Please add this email to the Friday Mailout List", in the subject line. *We're in this together and we're still here for each and everyone of you! KCCP Staff.*

Charitable Works Fund ~ The CWF is scheduled for next weekend the 2nd and 3rd of May 2020. This is the final appeal for this financial year and we need to raise \$11,948.75 to meet the quota set by the Diocese.



This year parishes are fortunate to have the support of the Catholic Schools Office who will be promoting the appeal through the school newsletters. This will widen the audience that has access to the videos and the ability to contribute via online donations to these vital initiatives run by the Diocese. When Donors give online you are required to select your church/Parish and donations will then be allocated against the quota each parish is accordingly asked to raise.

- 1. To make an online donation please go to: <u>https://www.givenow.com.au/cwf</u> or visit our parish website and use our Bpoint link by selecting from the drop down menu "CWF Diocese of Broken Bay" and following the prompts. If you prefer you may ring the parish office who can accept your donation using a credit card over the phone. Cheques can also be accepted by posting to the Parish office at P O Box 335 Berowra Heights NSW 2082, however this year, we will not be taking cash payments.
- 2. The latest May CWF video is a "thank you" video featuring those who were in the August 2019 and November 2019 appeal videos as well as Bishop Anthony Randazzo. The "thank you" can be viewed at: <u>https://youtu.be/NIVvTxTsDTw</u> and gives a great insight into where your donations go to and how they are used for the benefit of many less fortunate than others.
- 3. Below explains how charities that are supported by the CWF are still operating during the Covid-19 pandemic.



The Charitable Works Fund -Thank you for your continued connection

We are so grateful to our community who demonstrate their love for their neighbours by generously supporting the Charitable Works Fund.

The CWF is still working by providing the funds to ensure our trained CatholicCare Pastoral Care Practitioners are available by mobile phone for those in hospitals in our Diocese. With restrictions on visitors, Pastoral Care Practitioners are needed more than ever for the patients, their families and the staff in the hospitals in our Diocese.

The CWF is still working by providing the funds to create online resources for students in public schools in our Diocese to receive Catholic Special Religious Education Classes. This vital ministry will assist parents at home continue the valuable faith formation to Catholic students in the public schools in our Diocese.

The CWF is still working by assisting St Lucy's School and St Edmund's College care for students with special needs who are still attending providing additional funds to two schools with students with special needs.

The CWF works every day by providing funds to those who are deaf or hard of hearing through the Ephpheta Centre. When you give to the CWF, you can be assured that your donation is working for the faith and the people of the Diocese of Broken Bay.

Donations \$2 and over are tax-deductible.

250 Club! Our apologies for our tardiness of late, we've been a bit slack about publishing our winners, so below we are making up for lost opportunities ... read on McDuff!!

1110 200	UIUUP we are making up for lost opportunities read on McDuff !!
OLD Series:	Week 19: 30/03/2020 ~ Number: 572 ~ Winner: Margaret Collins ~ Amount: \$25.00
	Week 20: 06/04/2020 ~ Number: 980 ~ Winner: Unfinancial ~ Amount: \$500.00
NEW Series:	Week 01: 13/03/2020 ~ Number: 460 ~ Winner: Margaret Cadger ~ Amount: \$25.00
	Week 02: $20/04/2020 \sim$ Number: 291 ~ Winner: Rose Formby ~ Amount: \$25.00



FERTILITY CARE

Learning from Home SRE Lessons (Catechist classes)

The Department of Education has approved the continuation of SRE classes during the COVID-19 period via a Learning from Home model. The CCD team at the Diocese have been working hard to adapt lessons into PowerPoint format so that they can be delivered online. Schools will be able to share a link to the lessons on the Diocese website so that students and families can easily access these lessons at home.

While our catechists cannot be involved in the lesson delivery at this time, they will be staying spiritually connected with the children they teach. Catechists are continuing to prayer for the children and their families, allowing space for the Holy Spirit to work in the students' lives and their own for the time when they will return to the classrooms to teach.

Saturday Sessions with Katie ~ Fertility Awareness Education

Would you like to understand your fertility, or know how to manage your family naturally? Do you have fertility issues or know someone who does? Come along to find out how to effectively address these in a healthy and restorative way. This event is particularly suitable to engaged couples, married couples, single women and all who would like to know about natural fertility.

Presented by Fertilitycare practitioner Katie Fullilove. This session will be offered online as follows: **Date:** Saturday, 2 May 2020; **Time:** 10:30am – 11:30am. For enquiries and to receive the Zoom link to join the meeting, please contact katie.fullilove@bbcatholic.org.au or phone Katie on 8379 1631.



Pentecost Pilgrimage

You are invited to join Catholics around the world to take part in the Global Virtual Pentecost Pilgrimage, commencing this Sunday 26 April 2020.

Over 6-weeks, every Wednesday and Sunday, formative and prayerful videos from world renowned Catholic scholars and leaders will be released. Watch these with parishioners, family or friends or individually. The videos will focus on Sunday readings and the role of the Holy Spirit in our Church and the world.

After viewing the video, there will be time to reflect in small groups, using the Zoom platform, which provides an opportunity to engage with one another as a faith community.

Speakers will include Biblical Scholar Dr Mary Healy and Dr Ralph Martin.

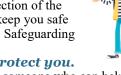
For more details and to register online here go to: https://www.pentecostpilgrimage.com/?r done=1

ARDING IS EVERYONE'S RESPONSI

Safeguarding in our Parish means...

Safeguarding is for the protection of all—because everyone has the right to feel safe. At KCCP we strive to be pro-active in the

protection of all parishioners, volunteers, clergy but most especially we are vigilant towards the protection of the children and vulnerable adults of our community. We are committed to doing everything we can to keep you safe including implementing measures, principles, and practices promoting transparency in all ministries. Safeguarding is another way of saying:





We are looking out for you ~ we care about you ~ we will go the distance to protect you.

If you have a concern for the safety and wellbeing of a child or young person or vulnerable adult, tell someone who can help. These people in our Parish can help:

Margaret Cooper, Parish Secretary, 9456 2450 (Mon-Fri 9am to 3.30pm); Michelle Chahine, Youth Coordinator, 0424 191 449 or contact the Office for Safeguarding (Chancery) on 8379 1605 or by emailing: safeguarding@bbcatholic.org.au

> *Pope Francis' Prayer Intention for April 2020:* Freedom from Addiction We pray that those suffering from addiction may be helped and accompanied.



Saturday 26 April 2020 3rd Sunday of Easter - Year A

Entrance Antiphon: Cry out with joy to God, all the earth; O sing to the glory of his name. O render him glorious praise, alleluia. **Penitential Act:**

(All.) I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (and, striking their breast, they say):

through my fault, through my fault, through my most grievous fault; (then they continue):

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

(P.) May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

(R.) Amen.

The Gloria:

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

First Reading: Acts 2:14, 22-33 ~ A reading from the Acts of the Apostles

On the day of Pentecost, Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life.

freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him: I saw the Lord before me always, for with him at my right hand nothing can shake me.

So my heart was glad and my tongue cried out with joy: my body, too, will rest in the hope that you will not abandon my soul to Hades nor allow your holy one to experience corruption.

You have made known the way of life to me, you will fill me with gladness through your presence.

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

Responsorial Psalm: (R.) Lord, you will show us the path of life.

- Preserve me, God, I take refuge in you. I say to the Lord: 'You are my God. O Lord, it is you who are my portion and cup; it is you yourself who are my prize.' (R.)
- I will bless the Lord who gives me counsel, who even at night directs my heart.
 I keep the Lord ever in my sight: since he is at my right hand, I shall stand firm. (R.)
- And so my heart rejoices, my soul is glad; even my body shall rest in safety.
 For you will not leave my soul among the dead, nor let your beloved know decay. (R.)
- 4. You will show me the path of life, the fullness of joy in your presence, at your right hand happiness for ever. (R.)

Second Reading: 1 Pt 1:17-21 ~ A reading from the first letter of St Peter

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

Gospel Acclamation: Lk 24:32

Alleluia, alleluia!

Lord Jesus, make your word plain to us: make our hearts burn with love when you speak. Alleluia!

Gospel: Lk 24:13-35 ~ A reading from the holy Gospel according to Luke

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

The Creed:

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

(At the words that follow, up to and including the Virgin Mary, all bow).

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell;

on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Communion Antiphon: The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.

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